



## Perceptive Paris

- Personal pronouns: (he/him)
- Statement: "Some people are like an open book".
- Age: 31
- Location: Christchurch, lives alone, in a relationship
- Education: (BTchg) Bachelor of Teaching
- Neurodiversity: HSP (Highly Sensitive Person)
- Employment: Employed full time, Primary School Teacher
- Other: Keeps connected with family and wider community, wants to change career to something less stressful and intense, but still within the education industry.

### Aspirations

To work in education as someone who can help make positive changes to the education industry, supporting and raising awareness of vulnerable learners.

### Motivations

- Emotional security
- Purpose and ethics
- Community values
- Cultural value

### Needs

- Evening time to study with no distractions
- Emotionally safe environment
- Concise instructions
- Dark mode
- Uncluttered UI

### Online Literacy

- Uses work Microsoft laptop, latest Samsung and MacBook as personal computer
- Uses Instagram, Facebook and email
- Has used online learning before (Moodle)
- Watches Netflix and Amazon Prime
- Capable of fixing most technical issues
- Happy to contact IT Support if required

### Enablers

- Well rested calm environment and sustained wellbeing
- Prefers human interaction (when rested)
- Rest periods between assignments
- Clear deadlines and expectations, options for extensions
- Exemplars and templates
- Positive group interaction and peer support

### Barriers

- High contrast (dark text on light background)
- Poor onboarding, results in bouncing out
- Visually and auditory overstimulated can result in migraines
- Will withdraw from negative peer support and comments